

**May 12, 2022**  
**9 a.m. – Noon**  
*(includes break)*

**Prerequisite:**  
Completed  
Introductory TF-  
CBT training and  
consultation calls.

**CEUs:** 3

### Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

#### TRAINING TOPICS

#### **TF-CBT News You Can Use**

This session will provide up-to-date resources and research related to TF-CBT in general as well as ARBEST-specific resources designed to help practitioners maintain and enhance TF-CBT practice.

#### **TF-CBT Break-Out Sessions**

Participants will have an opportunity to choose to participate in two separate break-out sessions related to TF-CBT issues. Topics will be announced prior to the training.

**May 12, 2022**  
**1 – 4 p.m.**  
*(includes break)*

**Prerequisite:**  
Completed PCIT  
training or  
currently  
engaged in  
training.

**CEUs:** 3

### Parent-Child Interaction Therapy (PCIT)

#### TRAINING TOPICS

#### **Honing Your Craft: What makes a TERRIFIC CDI Coach?**

Coaching is the magic ingredient in PCIT. Presenters will help participants elevate their coaching to the next level so families can advance to PDI faster. Important stylistic features of coaching will be discussed with participants, and they will learn how to coach with the correct pacing, accuracy, positivity, and specificity.

#### **What's in YOUR Toolbox? Drills to Move Caregivers to CDI Goal Criteria**

Presenters will provide an overview of CDI drills to help address commonly-experienced challenges to CDI goal criteria. Participants will role-play using appropriate drills in small groups, with the presenters playing the roles of caregivers with common CDI skills difficulties. In addition to honing skills with live practice, participants will receive a list of drills and their guidelines in various CDI situations.

**May 13, 2022**  
**9 a.m. – Noon**  
*(includes break)*

**Prerequisite:**  
Completed CPP  
training or  
currently  
engaged in  
training.

**CEUs:** 3

### Child-Parent Psychotherapy (CPP)

#### TRAINING TOPICS

#### **Finding Your Angle: Exploring the Nuances of Triangles**

The Triangle of Explanations sets the stage for the Intervention Phase in CPP. In this presentation participants will consider items such as what events to include, how to incorporate historical trauma, how to think about events that a therapist is unsure occurred, thematic events, as well as pacing and strands of fidelity.

#### **Workshopping Your Spiels**

CPP therapists often provide rationales for the work they do. This presentation will help participants find the words for common rationales such as why CPP includes biological "offending" parents, why trauma is discussed, how to respond when a parent says, "Tell me what to do," and why CPP was chosen.