

<p><b>Commitment</b></p>	<p>CPP training occurs over an 18-month period. Both training in and implementing CPP require commitment from the individual therapist and his/her/their agency.</p>
<p><b>Trainee Requirements</b></p>	<p><b>Education:</b></p> <ul style="list-style-type: none"> <li>• Master’s degree or higher in mental health field</li> <li>• Independently licensed (or under supervision of licensed mental health professional who is also participating in the CPP training)</li> </ul> <p><b>Caseload:</b> Actively treating children birth through age 5 with mental health, attachment, and/or behavioral problems</p>
<p><b>Agency Requirements</b></p>	<p>Agencies are required to provide space for treatment and twice monthly reflective supervision (at minimum), resources (e.g., toys, art supplies), access to referrals for children birth through age 5.</p>
<p><b>Training Process</b></p>	<p><b>Note:</b> There are two tracks within CPP trainings: Therapist and Supervisor. Agencies will need to designate whether each trainee is on the Therapist track or the Supervisor track, as tracks have different training requirements and expectations. The Supervisor track consists of 3 monthly, 1-hour long video calls and the completion of case requirements for two cases. The Therapist track consists of 2 monthly, 1-hour long video calls and the completion of case requirements for four cases. Both tracks have the same requirements for virtual training attendance, reflective supervision, and case presentations. Of note, at this time we anticipate that the full 18-month training will occur virtually. Trainees will be given notice if activities must change to require in-person participation. See below:</p> <p><b>In-Person Training</b> (same across tracks):</p> <ul style="list-style-type: none"> <li>• Read CPP manual “Don’t Hit My Mommy, 2<sup>nd</sup> Edition</li> <li>• 5, half-day virtual training workshop</li> <li>• 4, half-day follow-up virtual training workshop (approximately 4 months after initial workshop)</li> <li>• 4, half-day follow-up virtual training workshop (approximately 12 months after the initial workshop)</li> </ul>

# Child-Parent Psychotherapy (CPP)

## Virtual Training Information Sheet continued

### Training Process (continued)

#### Consultation Phase (varies by track):

- 18 months of video consultation calls (held twice monthly for Therapists starting after initial workshop; Supervisors also have an additional monthly video call)
  - All trainees present at least twice on video consultation calls or during virtual trainings
- Therapists treat a minimum of 4 cases during the 18-month consultation period; Supervisors treat a minimum of 2 cases during the 18-month consultation period
- All trainees must treat two families with at least 16 CPP sessions
- All trainees participate in twice monthly reflective supervision, at minimum
  - Occurs with trainees within the same agency or within a small group established by trainers and may occur in-person or via phone/video call
- All trainees complete fidelity forms for at least two CPP cases

### Rostering

Completing the training process allows a trainee to be eligible for national rostering.

### More Information

#### CPP Training Information:

<https://childparentpsychotherapy.com/providers/training/>

CPP webpage: <http://childparentpsychotherapy.com/>