

<p><b>Commitment</b></p>	<p>PCIT training lasts 18 months. Both training in PCIT and implementation of PCIT in your practice require commitment from the individual therapist and agency.</p>
<p><b>Trainee Requirements</b></p>	<p><b>Education:</b></p> <ul style="list-style-type: none"> <li>• Master’s degree or higher in mental health field</li> <li>• Independently licensed (or under supervision of licensed mental health professional)</li> <li>• Psychology doctoral students also eligible</li> </ul> <p><b>Caseload:</b> Actively treating children ages 2-6 with behavioral problems</p>
<p><b>Agency Requirements</b></p>	<p>Agencies are required to prepare PCIT rooms and procure PCIT materials. See separate Agency Checklist for more information.</p>
<p><b>Training Process</b></p>	<p><b>Face-to-Face Training:</b></p> <ul style="list-style-type: none"> <li>• 5 partial days of virtual training for the introductory workshop</li> <li>• 4 partial days of virtual training for the follow-up workshop 3 to 4 months after the introductory workshop</li> <li>• A possible final virtual booster training over 1 full day or 2 partial days approximately 12 months after the introductory workshop</li> </ul> <p><b>Consultation:</b></p> <ul style="list-style-type: none"> <li>• 18 months of Zoom consultation calls (scheduled twice monthly, starting after the introductory workshop) in which the therapist attends 80% of calls</li> <li>• Updating an online spreadsheet in Box to track case progress before each consultation call</li> <li>• Submitting and meeting fidelity review of four video recorded sessions</li> <li>• Completion of two full PCIT cases during consultation call period</li> </ul>
<p><b>Certification</b></p>	<p>Completing the training process allows a therapist to apply for PCIT certification from PCIT International (see <a href="http://www.pcit.org">www.pcit.org</a>)</p>

<b>Trainer Levels</b>	<p><b>Within Agency:</b> Can train within their own agency through co-therapy-style training</p> <p><b>Regional:</b> Can train within a designated region, within and outside their own agency, using workshop-style training followed by consultation calls</p> <p><b>Global Trainer:</b> Can train therapists and trainers nationally or internationally</p>
<b>Frequently Asked Questions</b>	<p><b>How long are the trainings?</b> Each training is 18 months long and consists of an introductory training workshop, a follow-up training workshop, a possible booster training, and consultation calls (twice monthly) starting after the introductory training workshop.</p> <p><b>How many therapists from my clinic can attend?</b> It can be helpful for more than one therapist from each clinic to receive PCIT training. Therapists, however, need to maintain a PCIT caseload of approximately four cases weekly to optimize their ability to complete the required two full cases within 18 months. For example, sending four therapists to train in PCIT would require 16 families in PCIT weekly.</p> <p><b>Can therapists train in PCIT and CPP or TF-CBT at the same time?</b> Due to the caseload requirements for both PCIT, CPP, and TF-CBT, therapists should only receive training in one approach at a time. When the training workshops and training cases are complete for one approach, the therapist could start the other approach.</p> <p><b>When will the next training be?</b> Check the ARBEST website (<a href="http://arbest.uams.edu">arbest.uams.edu</a>) or Email <a href="mailto:arbest_info@uams.edu">arbest_info@uams.edu</a> for more information.</p>
<b>More Information on PCIT</b>	<p>See the PCIT International website (<a href="http://www.pcit.org">www.pcit.org</a>) and follow links related to training.</p>